

PE Long term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	N/A	N/A	Dance till you drop	Dancing Dinosaurs	Gymnastics— Jumping Jacks/Rock and Roll	Games—Best of Balls
Year 1	Dance Fun Fitness	Gym Ball Skills	Dance Team Games	Gym Striking and Fielding	Games in Teams Athletics	Circuits Tennis
Year 2	Dance Fun Fitness	Gymnastics Team Games	Dance Dodgeball	Gymnastics Tag Rugby	Dance Striking and Fielding	Gymnastics Athletics
Year 3	Striking and Fielding Dance	Ball in Hand skills Gymnastics	Hockey Invasion Games	Dance Fitness Circuits	Outdoor Education Striking and Fielding	Athletics Gymnastics
Year 4	Swimming Football	Lacross/Hockey Gymnastics	Circuits and Fitness Basketball	Sports Education Dance (Film)	Striking and Fielding Gymnastics	Dance (Photography/ Light) Athletics
Year 5	Netball Dodgeball	Dance (Installation) Football	Sports Education Gymnastics	Health and Fitness Team Building	Lacrosse Dance (AR)	Striking and Fielding Athletics
Year 6	Health and Fitness Dance (Animation)	Lacrosse Tag Rugby	Basketball Dance (Music)	Sports Education Gymnastics	Striking and Fielding Team Building	Athletics Striking and Fielding