



Be smart on the
internet



With Scott Lower School

S

Keep **SAFE** by being careful not to give out personal information when you're online. Personal information includes your home address, email address, phone number and password.

M

MEETING someone you have been in touch with online can be dangerous, and not a good idea. Remember online friends are still strangers even if you have been talking to them for a long time.

A

ACCEPTING emails, messages, or opening files, pictures or text messages from people you don't know or trust can cause problems – they may contain viruses or nasty messages!

R

RELIABLE friends would not lie about who they are. If you are online it's best to only chat to your real world friends and family. Information on the internet may not be true. Always check information with an adult you trust.

T

TALK to your parent, carer, teacher or an adult you can trust if someone or something makes you feel uncomfortable sad, or worried. If you or someone you know is upset about something online you should tell someone too.

Remember the 5 **S M A R T** rules when using the internet .
computers, laptops, tablets and mobile phones or other devices.